

Year 7 Home Learning Timetable

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9-10am	PE	PE	PE	PE	PE
10-11	Science	English	History	Geography	Food
11.30-12.30	Spanish	Maths	Science	D &T	Art
1.30-2.30	RE/PD	Computer Studies	Music	Maths	English

- It is important to have time socialising with friends through facetime etc.
- It is important to get some fresh air!
- It is important to do some physical exercise - it will make you feel better! Try Joe Wicks or go for a run or walk.