



Year 10 Home Learning Timetable

<u>Time</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9-10am	Exercise e.g. Joe Wicks	Exercise e.g. Joe Wicks	Exercise e.g. Joe Wicks	Exercise e.g. Joe Wicks	Exercise e.g. Joe Wicks
10-11	English	Option 1	Chemistry	Option 1	Humanities
11.30-12.30	Biology	Maths	Option 2	English	ICT
1.30-2.30	Maths	ICT	Humanities	Option 2	Physics
3-3.30	PD	-----	RE	-----	-----

- It is important to have time socialising with friends through facetime etc.
- It is important to get some fresh air!
- It is important to do some physical exercise - it will make you feel better! Try Joe Wicks or go for a run or walk.



<u>Option 1</u>	<u>Option 2</u>
Enterprise Creative Media Food French Photography PE	Art Graphics Dance Health & Social Care Music Triple Science